

Penn Brook 2021 EMS Guidelines and Overview:

- Members must sign up through Sign Up Genius the night before each session between the hours of 7 p.m. and 10 p.m.
- There will be a limit of two 30 minute sessions per person per day, with a maximum of three days a week
- Please arrive 5 minutes prior to start of session
- Come dressed to swim
- Sign in upon arrival
- We ask that members wear a mask or face covering when entering and leaving Penn Brook and in the common areas, including the bathroom and changing facilities
- If you are unvaccinated, we encourage that you wear a mask and maintain 6-ft social distance when not wearing a mask
- Exit pool promptly at end of session
- Sign out when leaving Penn Brook
- If you have maximized your three online reservations, you can check the sign up genius in the early morning for the two remaining days. If there are spots available, you may walk-in and reserve a slot upon arrival.]